



BREADLINE AFRICA

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March News 2009



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Edna's Column

Hello friend of Breadline Africa

In this newsletter:

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I hope this email finds you well. It has certainly been a busy month for us here at Breadline Africa. We have gained two new team members, the Worldwide Blogger Bake Off is entering its second stage as we are approaching Easter and we have a number of new projects on the go. One of these projects is a clinic in the Eastern Cape - the Busfare Babies Birth Centre.

The Busfare Babies Birth Centre

Giving birth is such a precious experience, but many **women in Africa are so vulnerable** at this all too often difficult time. This is why the Busfare Babies Birth Centre project is very dear to me. In the remote areas of the rural Eastern Cape, you'll find a cluster of villages served by an extraordinary woman: Karen Clark.

Karen is a midwife who has trained and worked in Cape Town, London and Scotland. She is fulfilling her dream as **working as a rural midwife** and assisting the women with the resources that have been lacking in the past.

With love,

Edna Titus
Project Officer

P.S. I'd love to hear from you. You can email me at <mailto:edna@breadlineafrica.org.za>.

Blogger Bake Off Enters its Second Phase

I am very excited for the second stage of the Blogger Bake Off. Easter is just around the corner and the time has come for ALL Bloggers to show off their culinary skills when it comes to **baking Easter treats**. So I urge you to get out those mixing bowls, switch on those ovens and start baking some delicious hot cross buns!

Then just log on to the [Blogger Bake Off website](#), sign in, submit your recipe and photos, tag 5 friends to do the same and **donate to our worthy cause**. What could be simpler?!

To start you off, I've added my favourite Hot Cross Bun recipe to the website. [Click here](#) to view the recipe.

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Featured Blog Posts: Meet the new Breadline Africa team members

Our team is growing and growing. In the past month we have had **two new members join us**. Tim Smith is Breadline Africa's new director while Marianna Boguslavsky is the new online marketing manager.

[Click here to read about Tim Smith](#). And [find out more about Marianna Boguslavsky here](#).

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Featured Project: The Busfare Babies Birth Centre

The rural area of the Eastern Cape has the highest infant mortality rate in South Africa. The numbers are shocking: 70.9 deaths per one thousand births. This is TWICE the rate of the Western Cape where there is easier access to hospitals. More disturbing are the **higher maternal mortality rates**. In the Eastern Cape, 125 mothers died in childbirth in 2001 and doctors predict that these numbers are only set to rise.



This is where people like Karen Clark are needed. This amazing woman has gathered a group of loyal volunteers to set up a little medical centre where pregnant women can obtain advice on issues ranging from **proper nutrition to HIV tests**. This clinic is also much more accessible as previously the local women in labour have had to catch a slow bus to the nearest hospital ... 50km away! Potential high-risk births are identified, monitored and booked into hospital in time. The women that are not at risk give birth in the cottages that the community is busy renovating.

Karen and her community **depend on Breadline Africa's loyal donors** to assist with the running costs of this centre.

If you are able to help us support this clinic and Karen's lifesaving work, please consider donating now. [Click here to donate online](#).

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Closing Note

"Every child is born a genius" - Richard Buckminster Fuller

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